

## Residential & Commuter Meal Plans

Lackawanna College is pleased to offer residential and commuter students convenient meal plans for use in the Dining Commons and Falcon's Nest.

- **Residential Students** will have a majority of their meals covered by our Falcon Gold Plan, which includes 19 meals per week to enjoy at the Dining Commons.
- **Commuter Students** have two meal plan options; they can purchase 25 meals per semester or 50 meals per semester.

## Enhance Your Dining Experience

- Purchase **Flex Dollars** to buy non-meal exchange menu items like early morning coffees, post-workout drinks, and Chef Fresh™ meals that you can enjoy at home or in the residential apartments anytime from the Falcon's Nest. One Flex Dollar equals \$1.
- Use your financial aid to pay for your Flex Dollars. You can also use cash, credit, or debit to put Flex Dollars on your account.

## Other Information

- View our weekly menus at [metzlackawanna.com](http://metzlackawanna.com) or scan the QR Code on our digital menu in the Dining Commons. Use the filter feature for allergens and special dietary requirements.
- Residential meal swipes start over again on Saturday at 11:59 PM and do not roll over from semester to semester. Commuter meals expire at the end of each semester.
- Flex Dollars roll over from fall to spring but expire at the end of the academic year.



**Questions?** Email [ma4023@metzcorp.com](mailto:ma4023@metzcorp.com)

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