



# Week 2 Breakfast and Lunch Menu

	Monday 14-Oct	Tuesday 15-Oct	Wednesday 16-Oct	Thursday 17-Oct	Friday 18-Oct	Saturday 19-Oct	Sunday 20-Oct
	<b>LW GF</b> Scrambled Eggs <b>GF</b> Crispy Bacon Sausage Patties ◊ French Toast <b>LW GF</b> Tater Tots ◊ Oatmeal ◊ Belgian Waffle Bar with Fruit Toppings	<b>LW GF</b> Scrambled Eggs <b>LW GF</b> Turkey Bacon Sausage Patties ◊ Texas French Toast W/ Fruit Topping <b>LW GF</b> Hash Brown Patty ◊ Cream of Wheat <b>LW GF</b> Eggs and Omelets to Order ◊ Belgian Waffle Bar with Fruit Toppings	Croissant Breakfast Sandwich <b>GF</b> Crispy Bacon <b>LW</b> Turkey Sausage Patties ◊ Banana Walnut Pancakes <b>LW GF</b> Shredded Hash Browns ◊ Oatmeal <b>LW GF</b> Eggs and Omelets to Order ◊ Belgian Waffle Bar with Fruit Toppings	<b>LW GF</b> Scrambled Eggs <b>LW GF</b> Turkey Bacon Pork Sausage Breakfast Casserole <b>LW GF</b> Tater Tots ◊ Cheesy Grits ◊ Belgian Waffle Bar with Fruit Toppings	Bagel Breakfast Sandwich <b>GF</b> Crispy Bacon <b>LW</b> Turkey Sausage Links ◊ French Toast Sticks <b>LW GF</b> Home Fries ◊ Honey Oats ◊ Belgian Waffle Bar with Fruit Toppings	<b>LW GF</b> Scrambled Eggs <b>GF</b> Crispy Bacon Sausage Patties ◊ French Toast <b>LW GF</b> Tater Tots ◊ Oatmeal ◊ Belgian Waffle Bar with Fruit Toppings	<b>LW GF</b> Scrambled Eggs <b>LW GF</b> Turkey Bacon Sausage Links ◊ French Toast <b>LW GF</b> Hash Brown Patty ◊ Oatmeal ◊ Belgian Waffle Bar with Fruit Toppings
	<b>Eggs Your Way</b> American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms	<b>Carving Station</b> Oven Roasted Turkey Breast Corn Bread Stuffing Turkey Gravy Cranberry Sauce	<b>LW Gyro Bar</b> Choice of: Lamb/Beef or Chicken Tomatoes, Cucumbers, Shredded Lettuce, Tzatziki Sauce Red Onions, and Hot Sauce	<b>LW Pasta Bar</b> Assorted Pasta Choice of: Marinara Sauce or Alfredo Sauce Parmesan Cheese Hot Pepper Flakes	<b>Build Your Own Salad</b> Romaine Lettuce Spring Mix Grilled Chicken or Shrimp Assorted Accompaniments	<b>Eggs Your Way</b> American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms	<b>Hot Omelet Skillet</b> American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms
		Spicy Chicken Club	<b>LW</b> Turkey & Bacon Panini	Hot Italian Sandwich	<b>LW</b> Chefs Special Tuna Wrap		
		<b>LW</b> Pollock w/ Lemon Cream Sauce <b>LW</b> ◊ Vegan Stuffed Mushrooms ◊ GF White Rice ◊ GF Shaved Brussel Sprouts ◊ GF Spaghetti Squash	Lasagna <b>LW</b> ◊ Roasted Vegetable Lasagna <b>LW</b> ◊ Cheesy Bread ◊ GF Green Beans ◊ GF Cauliflower	<b>LW</b> Lemon Pepper Tilapia <b>LW</b> ◊ Curried Tofu <b>LW</b> ◊ Herbed Orzo ◊ GF Edamame Succotash ◊ GF Butternut Squash	<b>LW</b> Chicken & Broccoli Bake <b>LW</b> ◊ Creamy Broccoli & Rice Bake ◊ GF Basmati Rice ◊ GF Sautéed Kale ◊ GF Glazed Carrots		
	Brick Oven Special ◊ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta	Supreme Pizza ◊ Cheese Pizza Pepperoni Pizza Baked Hot Wing Pasta Pasta Carbonara	◊ Fresh Tomato Pizza ◊ Cheese Pizza Pepperoni Pizza ◊ Alfredo Pasta Bacon Cheese Burger Pasta	Meat Lovers Pizza ◊ Cheese Pizza Pepperoni Pizza Cajun Chicken Pasta Creamy Garlic & Shells	◊ White Broccoli Pizza ◊ Cheese Pizza Pepperoni Pizza ◊ Mac 'N' Cheese Falcon's Catch Casserole	Brick Oven Special ◊ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta	Brick Oven Special ◊ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta
	◊ Fries of the Day Grilled Burgers/ Grilled Chicken Grilled Cheese / Hot Dogs ◊ Black Bean Burger	The Falconator - Cheese Burger w/ Bacon & Zesty Sauce Grilled Cheese / Hot Dogs ◊ French Fries/ Black Bean Burger	Cheese Quesadillas Grilled Cheese / Hot Dogs ◊ French Fries/ Black Bean Burger	Sausage & Peppers Sliders Grilled Cheese / Hot Dogs ◊ French Fries/ Black Bean Burger	Golden Chicken Tenders ◊ Waffle Fries Grilled Cheese / Hot Dogs ◊ French Fries/ Black Bean Burger	◊ Fries of the Day Grilled Burgers/ Grilled Chicken Grilled Cheese / Hot Dogs ◊ Black Bean Burger	◊ Fries of the Day Grilled Burgers/Grilled Chicken Grilled Cheese / Hot Dogs ◊ Black Bean Burger
	Chef Choice Salad Chef Choice Hummus	◊ Home-style Coleslaw Red Pepper Hummus ◊ Tuna Salad	◊ Fruit Salad Chicken Bacon Ranch Pasta Salad ◊ Fresh Black Bean Salsa w/ Tortilla Chips	◊ Fruit Salad Chicken Bacon Ranch Pasta Salad ◊ Fresh Black Bean Salsa w/ Tortilla Chips	◊ Tortellini Salad ◊ Broccoli Salad ◊ Fresh Black Bean Salsa w/ Tortilla Chips	Chef Choice Salad Chef Choice Hummus	Chef Choice Salad Chef Choice Hummus
	Roasted Butternut Squash Bisque	<b>LW GF</b> Beef Vegetable Soup Roasted Butternut Squash Bisque	<b>LW</b> Chicken Noodle Soup Roasted Butternut Squash Bisque	New England Clam Chowder Roasted Butternut Squash Bisque	<b>LW</b> ◊ Pasta Faggioli Roasted Butternut Squash Bisque	Roasted Butternut Squash Bisque	Roasted Butternut Squash Bisque

Vegetarian - ◊

Vegan - ●

Contains Shellfish 

Gluten Free - **GF**

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.