



Week 1 Dinner Menu



	Monday 7-Oct	Tuesday 8-Oct	Wednesday 9-Oct	Thursday 10-Oct	Friday 11-Oct	Saturday 12-Oct	Sunday 13-Oct
BRAVO!	LW Hot Cakes Pancakes Choice of Toppings Strawberries, Cherries Blueberries, Chocolate Chips Whipped Cream	LW Hot Dip Station Spinach Dip Buffalo Dip Taco Dip Variety of Chips & Veggies for Dipping	LW You One Fine Fajita Choice of: Grilled Chicken or Shredded Pork Topped with - Peppers, Onions Salsa, Sour Cream, Cheese, Spanish Rice with a Chipotle Ranch Sauce	LW Ice Cream Bar Assorted Ice Creams Assorted Toppings Whipped Cream Chocolate Sauce	Fritter Friday Fried Chicken Fritters Accompaniment of Sauces	LW • Steamed Rice Bar Steamed Rice Bar Assorted Sauces	LW • Steamed Rice Bar Steamed Rice Bar Assorted Sauces
MARKET ST. DELI	Crispy Chicken Caesar Wrap	Italian Hoagie	Modern Chicken Caprese Sandwich	Honey Ham on Salted Pretzel Bun	Hot Buffalo Chicken with Cheese and Bacon On Ciabatta	Chefs Choice Sandwich	Chefs Choice Wrap
<i>Main Plate</i>	LW GF Jamaican Jerk Chicken GF ♦ Fried Plantains LW ♦ Peas LW ♦ Roasted Corn	Baked Haddock w/ Lemon & Dill LW ♦ Scalloped Potatoes LW ♦ California Blend LW • Sautéed Kale	LW Chicken Florentine LW ♦ Rice Pilaf LW • Steamed Broccoli LW ♦ Wax Beans	Beef & Cheddar Bake w/ Egg Noodles LW • Vegetable Medley LW Sautéed Swiss Chard	Popcorn Shrimp LW GF Old Bay Potato Wedges LW • Roasted Cauliflower LW ♦ Creamed Spinach	Fried Chicken Waffles LW GF Cheddar Mashed Potatoes LW ♦ Roasted Broccoli	LW GF Tortilla Crusted Tilapia LW Buttered Noodles LW • Carrots LW ♦ Normandy Blend
VILLA TOSCANA	Chicken Alfredo Pizza ♦ Cheese Pizza Pepperoni Pizza ♦ Baked Vodka Pasta ♦ Spinach Ravioli Bake	Flatbread Pizza ♦ Cheese Pizza Pepperoni Pizza Baked Bacon Cheese Pasta ♦ Baked Ziti	Cheese Steak Pizza ♦ Cheese Pizza Pepperoni Pizza Linguini w/ Red Clam Sauce ♦ Ranchero Rotini	Meat Lovers Pizza ♦ Cheese Pizza Pepperoni Pizza Fettuccini Alfredo Baked Meatball Pasta	Italian Sausage Pizza ♦ Cheese Pizza Pepperoni Pizza Pesto Shells ♦ Mac 'N' Cheese	Brick Oven Special ♦ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta	Brick Oven Special ♦ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta
J. CLARK'S GRILLE	Grilled Rachel Sandwich 1000 Island Dressing & Sauerkraut Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	LW BBQ Pulled Pork Sandwich on Hawaiian Sweet Rolls Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	"The Rancher" Turkey Burger w/ Ranch and Bacon Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	Falcon Dip - Roast Beef Au Jus w/ Provolone Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	Golden Chicken Tenders ♦ Shoestring Fries Grilled Cheese / Hot Dogs ♦ Black Bean Burger	Fries of the Day Grilled Burgers/ Grilled Chicken Grilled Cheese / Hot Dogs ♦ Black Bean Burger	♦ Fries of the Day Grilled Burgers/Grilled Chicken Grilled Cheese / Hot Dogs ♦ Black Bean Burger
green scene	♦ Sour Cream & Dill Cucumber Salad Ham & Shells Pasta Salad ♦ Vegetable Ranch Dip w/ Pita Chips	♦ Broccoli Salad ♦ Pasta Salad ♦ Spinach Dip w/ Pita Chips	♦ Broccoli Salad ♦ Pasta Salad ♦ Spinach Dip w/ Pita Chips	LW BLT Pasta Salad ♦ Black Bean and Cucumber Salad Layered Taco Dip w/ Tortilla Chips	LW BLT Pasta Salad ♦ Black Bean and Cucumber Salad Layered Taco Dip w/ Tortilla Chips	Chef Choice Salad Chef Choice Hummus	Chef Choice Salad Chef Choice Hummus
duJour	LW ♦ Broccoli & Cheddar Soup LW Chicken Noodle Soup	Turkey Quinoa Soup LW Chicken Noodle Soup	Loaded Baked Potato Soup LW Chicken Noodle Soup	Beef & Barley LW Chicken Noodle Soup	♦ Tomato Bisque LW Chicken Noodle Soup	LW Chicken Noodle Soup	LW Chicken Noodle Soup
	Vegetarian - ♦	Vegan - •	Contains Shellfish	Gluten Free - GF	Live Well - LW		

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.