

Week 1 Breakfast and Lunch Menu

| | Monday 7-Oct | Tuesday 8-Oct | Wednesday 9-Oct | Thursday 10-Oct | Friday 11-Oct | Saturday 12-Oct | Sunday 13-Oct |
|---|---|--|--|--|--|--|---|
|  | English Muffin Breakfast Sandwich GF Crispy Bacon Turkey Sausage Patties French Toast Sticks LW GF Potatoes O' Brien ♦ Grits LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings | LW GF Scrambled Eggs LW GF Turkey Bacon Pork Sausage Patties ♦ Pumpkin Spiced Pancakes LW GF Hash Brown Patty ♦ Cream of Wheat LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings | Croissant Breakfast Sandwich GF Crispy Bacon LW Turkey Sausage Links ♦ Corn Beef Hash LW GF Shredded Hash Browns ♦ Oatmeal LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings | LW GF Scrambled Eggs LW GF Turkey Bacon Pork Sausage Links Homemade Cinnamon Buns LW GF South Western Breakfast Skillet ♦ Cheesy Grits LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings | Bagel Breakfast Sandwich GF Crispy Bacon LW Turkey Sausage Patties ♦ Grilled Texas Toast LW GF Home Fries ♦ Honey Oats LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings | LW GF Scrambled Eggs GF Crispy Bacon Sausage Patties ♦ French Toast LW GF Tater Tots ♦ Oatmeal ♦ Belgian Waffle Bar with Fruit Toppings | LW GF Scrambled Eggs LW GF Turkey Bacon Sausage Links ♦ French Toast LW GF Hash Brown Patty ♦ Oatmeal ♦ Belgian Waffle Bar with Fruit Toppings |
|  | LW Wing Stop Breaded Chicken Wings Tossed Your Way Celery & Bleu Cheese | Carving Station Slow Cooked Roast Beef Accompaniment of Sauces Baked Potato | Asian Station Pork w/ Vegetable Egg Rolls Chicken Pot stickers Assorted Sauces | LW Slider Station Choice of: Chicken Parmesan Handmade Mini Burgers | Philly Steak Beef Cheesesteak Wraps Cheese Sauce Marinara Sauce Sautéed Pepper and Onion | Eggs Your Way American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms | Hot Omelet Skillet American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms |
|  | Crispy Chicken Caesar Wrap | Italian Hoagie | Modern Chicken Caprese Sandwich | Honey Ham on Salted Pretzel Bun | Hot Buffalo Chicken with Cheese and Bacon On Ciabatta | | |
|  | Stuffed Pork Loin w/ Apricot Glaze Hawaiian Marinated Tofu Hawaiian Fried Rice Roasted Parsnips Asparagus Hash | LW Chicken 'N' Rice Casserole Shredded Chicken Steamed White Rice Broccoli w/ Cracker Crumb Topping LW ♦ Creamy Mushroom & Rice Casserole | GF Beef Brisket LW ♦ Chimichurri Quinoa Stuffed Peppers LW ♦ Cheddar Mashed Potatoes LW ♦ Roasted Brussel Sprouts LW ♦ Glazed Carrots | Cajun Shrimp Casserole Cajun Tofu Casserole Steamed Brown Rice Bacon Braised Slaw Vegetable Medley | LW Stuffed Flounder ♦ Stuffed Shells Florentine ♦ Garlic Bread LW ♦ Green Beans LW ♦ Chuck Wagon Corn | | |
|  | Chicken Alfredo Pizza ♦ Cheese Pizza Pepperoni Pizza ♦ Baked Vodka Pasta ♦ Spinach Ravioli Bake | Flatbread Pizza ♦ Cheese Pizza Pepperoni Pizza Baked Bacon Cheese Pasta ♦ Baked Ziti | Cheese Steak Pizza ♦ Cheese Pizza Pepperoni Pizza Linguini w/ Red Clam Sauce ♦ Ranchero Rotini | Meat Lovers Pizza ♦ Cheese Pizza Pepperoni Pizza Fettuccini Alfredo Baked Meatball Pasta | Italian Sausage Pizza ♦ Cheese Pizza Pepperoni Pizza Pesto Shells ♦ Mac 'N' Cheese | Brick Oven Special ♦ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta | Brick Oven Special ♦ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta |
|  | Grilled Rachel Sandwich 1000 Island Dressing & Sauerkraut Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger | LW BBQ Pulled Pork Sandwich on Hawaiian Sweet Rolls Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger | "The Rancher" Turkey Burger w/ Ranch and Bacon Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger | Falcon Dip - Roast Beef Au Jus w/ Provolone Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger | Golden Chicken Tenders ♦ Shoestring Fries Grilled Cheese / Hot Dogs ♦ Black Bean Burger | Fries of the Day Grilled Burgers/ Grilled Chicken Grilled Cheese / Hot Dogs ♦ Black Bean Burger | ♦ Fries of the Day Grilled Burgers/Grilled Chicken Grilled Cheese / Hot Dogs ♦ Black Bean Burger |
|  | ♦ Sour Cream & Dill Cucumber Salad Ham & Shells Pasta Salad ♦ Vegetable Ranch Dip w/ Pita Chips | ♦ Broccoli Salad ♦ Pasta Salad ♦ Spinach Dip w/ Pita Chips | ♦ Broccoli Salad ♦ Pasta Salad ♦ Spinach Dip w/ Pita Chips | LW BLT Pasta Salad ♦ Black Bean and Cucumber Salad Layered Taco Dip w/ Tortilla Chips | LW BLT Pasta Salad ♦ Black Bean and Cucumber Salad Layered Taco Dip w/ Tortilla Chips | Chef Choice Salad Chef Choice Hummus | Chef Choice Salad Chef Choice Hummus |
|  | LW ♦ Broccoli & Cheddar Soup LW Chicken Noodle Soup | Turkey Quinoa Soup LW Chicken Noodle Soup | Loaded Baked Potato Soup LW Chicken Noodle Soup | Beef & Barley LW Chicken Noodle Soup | ♦ Tomato Bisque LW Chicken Noodle Soup | LW Chicken Noodle Soup | LW Chicken Noodle Soup |

Vegetarian - ♦

Vegan - ●

Contains Shellfish 

Gluten Free - **GF**

Live Well - **LW**

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.