










Week 3 Breakfast and Lunch Menu

	Monday 9-Sep	Tuesday 10-Sep	Wednesday 11-Sep	Thursday 12-Sep	Friday 13-Sep	Saturday 14-Sep	Sunday 15-Sep
	English Muffin Breakfast Sandwich GF Crispy Bacon LW Turkey Sausage Links Cinnamon Maple French Toast LW GF Potatoes O'Brien ♦ Grits LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings	LW GF Scrambled Eggs LW GF Turkey Bacon Sausage Patties ♦ Greek Frittata LW GF Hash Brown Patty ♦ Cream of Wheat LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings	Croissant Breakfast Sandwich GF Crispy Bacon LW Turkey Sausage Patties ♦ Blueberry Pancakes LW GF Shredded Hash Browns ♦ Oatmeal LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings	LW GF Scrambled Eggs LW GF Turkey Bacon Pork Sausage GF Quiche Lorraine LW GF Tater Tots ♦ Cheesy Grits LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings	Bagel Breakfast Sandwich GF Crispy Bacon LW Turkey Sausage Links ♦ French Toast Sticks LW GF Home Fries ♦ Honey Oats LW GF Eggs and Omelets to Order ♦ Belgian Waffle Bar with Fruit Toppings	LW GF Scrambled Eggs GF Crispy Bacon Sausage Patties ♦ French Toast Sticks LW GF Tater Tots ♦ Oatmeal ♦ Belgian Waffle Bar with Fruit Toppings	LW GF Scrambled Eggs LW GF Turkey Bacon Sausage Links ♦ French Toast Sticks LW GF Hash Brown Patty ♦ Oatmeal ♦ Belgian Waffle Bar with Fruit Toppings
	LW Fish Tacos Choice of: Hard or Soft Shells Blackened Haddock Limes, Rice, Beans Shredded Lettuce, Cheese Salsa, and Sour Cream	Falcon Bowl Mashed Potatoes, Cheddar Cheese Beef Gravy, Chives, & Corn Tossed with Popcorn Chicken	Nacho Bar Ground Beef Tortilla Chips Jalapenos, Cheese, Sour Cream Shredded Lettuce, Scallions	Carving Station Carved Pineapple Glazed Ham Mashed Potatoes Dinner Rolls	Shrimp Po' Boys Deep Fried Shrimp Lettuce, Tomatoes Spicy Remoulade	Eggs Your Way American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms	Hot Omelet Skillet American and Cheddar Cheese Ham, Bacon and Sausage Tomatoes Peppers Onions, Mushrooms
	Chicken Caesar Wrap	Turkey BLT	LW Hot Toasted Veggie & Cheese Sandwich	BBQ Pulled Pork Sandwich	LW Chefs Special Chicken Salad	Wrap of the Day	Sandwich of the Day
	Turkey-Portabella Tetrazzini LW ♦ Vegetable Tetrazzini LW ♦ Roasted Butternut Squash LW ♦ California Blend	Sesame Chicken LW ♦ Cashew Tofu LW ♦ Yakisoba Noodles LW ♦ Seared Tomatoes w/ Green Beans Garlic Butter Mushroom	LW Baked Haddock LW ♦ Vegetable Au Gratin LW ♦ Rice Pilaf ♦ Sautéed Mixed Greens LW ♦ Roasted Parsnips	Beef Enchilada Casserole LW ♦ Mexican Quinoa ♦ Glazed Carrots ♦ Soy Seared Zucchini	Chicken Marsala LW ♦ Eggplant Ragù LW ♦ Jasmine Rice LW ♦ Shaved Brussel Sprouts LW ♦ Spaghetti Squash		
	BBQ Chicken Pizza ♦ Cheese Pizza Pepperoni Pizza ♦ Garlic Spinach Bowties Linguine w/ White Clam Sauce	Garlic Knots ♦ Cheese Pizza Pepperoni Pizza Broccoli & Shells ♦ Brown Butter Noodles	♦ Margherita Pizza ♦ Cheese Pizza Pepperoni Pizza Shrimp Fajita Pasta ♦ BOOM BOOM Pasta	Chicken Bacon Ranch Pizza ♦ Cheese Pizza Pepperoni Pizza ♦ Spaghetti w/ Spicy Marinara Caprese Chicken & Quinoa Bake	♦ Personal Pizza Pitas ♦ Cheese Pizza Pepperoni Pizza Spinach & Marinara Tortellini ♦ Mac 'N' Cheese	Brick Oven Special ♦ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta	Brick Oven Special ♦ Cheese Pizza Pepperoni Pizza Assorted Sauces Assorted Pasta
	Meatball Hoagies w/ Mozzarella Cheese Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	BLT Quesadillas w/ Salsa and Sour Cream Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	Aussie Chicken Sandwich Honey Mustard, Cheese, & Bacon Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	Its' A Gouda Burger Topped with Gouda Beer Cheese Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	Golden Chicken Tenders ♦ Spiral Fries Grilled Cheese / Hot Dogs ♦ French Fries/ Black Bean Burger	♦ Fries of the Day Grilled Burgers/ Grilled Chicken Grilled Cheese / Hot Dogs ♦ Black Bean Burger	♦ Fries of the Day Grilled Burgers/Grilled Chicken Grilled Cheese / Hot Dogs ♦ Black Bean Burger
	♦ Buffalo Macaroni Salad ♦ Broccoli Salad ♦ Veggie Dip w/ Crostini	♦ Buffalo Macaroni Salad ♦ Broccoli Salad ♦ Veggie Dip w/ Crostini	♦ Tortellini Salad ♦ Apple & Cranberry Salad ♦ Veggie Dip w/ Crostini	♦ Tortellini Salad ♦ Apple & Cranberry Salad ♦ Spinach Dip w/ Pita Chips	♦ Tortellini Salad ♦ Egg Salad ♦ Spinach Dip w/ Pita Chips	Chef Choice Salad Chef Choice	Chef Choice Salad Chef Choice
	♦ Corn Chowder Soup GF Chefs Special Beef Chili	LW Chicken Noodle Soup GF Chefs Special Beef Chili	Beer & Gouda Soup GF Chefs Special Beef Chili	LW ♦ Vegetable & Rice Soup GF Chefs Special Beef Chili	Shrimp Bisque	Soup of The Day GF Chefs Special Beef Chili	Soup Of The Day GF Chefs Special Beef Chili
	Vegetarian - ♦	Vegan - ●	Contains Shellfish 	Gluten Free - GF			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.